Smashed Avocado Toast

cherry tomatoes, local olive oil, pink himalayan salt 6.5 / *add local egg or candied bacon

Chicken Nachos 10 /

loaded & great for sharing!

Farmer's Market Crudité 12

Meatballs & Toast

turkey meatballs & spicy tomato sauce 6

Dip Trio with gluten free flatbread

muhammara, roasted garlic hummus, red chili hummus 12 / coming september

Soup 4

tomato basil or chicken tortilla

BUILD YOUR OWN SALAD (4 easy steps) 10

choose your type of greens or grains

baby mixed greens | iceberg | baby spinach | romaine | baby arugula brown rice | quinoa | butter lettuce | kale | baby red kale

2. select up to 4 toppings

.75 each additional

vegetables

artichokes · golden beets · carrots · celery · thai chili · cucumber · jicama · chef's mix mushrooms · olives · red onions · roasted pepperoncini blend • watermelon radish • bell peppers

cheese

blue crumbles • fresh mozzarella pearls • herbed goat cheese • ricotta salata • cheddar • queso fresco

legume

black beans • garbanzos • hummus

herbs

basil · cilantro · mint · greek herb mix

fruit

apples • berries • dried cranberries • grapes • mango • grilled pineapple • cherry tomatoes • sun-dried tomatoes

nuts 🕖

almonds · agave-roasted cashews · agave-roasted walnuts · sunflower seeds · toasted coconut · pumpkin seeds

carbs

whole grain croutons • flatbread chips • quinoa • tortilla strips

3. proteins and premium toppers

priced per serving (All natural, free-range and hormone free)

mike & son's local pasture-raised egg 2.5 bacon, nitrate free 1.75

turkey bacon 1.75

citrus tofu 2.5

avocado 1.5

almond crusted chicken 5.5 / vegan patty (gluten-free) 4.5 turkey burger patty (gluten-free) 4.5 marinated bistro filet 9.5 grilled local market fish 9.5 salmon filet mkt. price

marinated chicken breast 4.5

4 choose one dressing

all dressings are made fresh at Greenleaf daily and are gluten, preservative and artificial ingredient free.

classics

chipotle ranch #

charo's classic balsamic * avocado lemon nonna's basil pesto 🦐 🖁 chipotle orange bbg

caesar 🥜 ranch 🥜

skinny blends

fresh inventions keepin' it simple lemongrass lychee : ?

balsamic vinegar jon's seasonal citrus basil : lemon juice * joey's roasted garlic herb 👪 local extra virgin pomegranate whole grain mustard

signature ★ lowest calorie options ★ contains dairy products
contains nuts

Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness, especially if you have certain medical conditions.

Antioxidant Orchard

scarborough farms baby mixed greens, grapes, celery, walnuts, dried berries, apples, blue cheese, mint, red onion, cucumbers & berries with pomegranate whole grain mustard vinaigrette 8.75 | 11.75 / *add salmon filet

Lemongrass Chicken

scarborough farms baby mixed greens, marinated chicken, mango, grilled pineapple, jicama, popcorn shoots, toasted coconuts, cashews & thai chili with lemongrass lychee dressing 9.5 | 12.5

Baia BBQ Greens

romaine lettuce, baby red kale, grilled corn, tortilla strips, pico de gallo, pepitas, black beans & cilantro tossed with chipotle ranch and drizzled with chipotle orange bbg sauce 9 | 12 / *add salmon filet

Caesar

romaine, kale, egg, ricotta salata & whole grain croutons with caesar dressing 7 | 9 🖉 *great with grilled marinated chicken

Zorra The Great

romaine, scarborough farms baby arugula, tomatoes, cucumber, ricotta salata, olives, red onion, fresh herbs, artichokes, flatbread chips & hummus with joey's garlic herb vinaigrette 9 | 12 🏄

*add grilled marinated chicken

Chop Chop

iceberg and romaine, marinated chicken, mozzarella pearls, tomatoes, cucumber, garbanzos, pepper blend, red onion, fresh herbs & whole grain croutons with nonna's basil pesto vinaigrette 9 | 12

Kitchen Sink Cobb

iceberg and romaine, tomatoes, egg, avocado, carrots, garbanzos, bacon, turkey, basil & blue cheese with charo's balsamic vinaigrette 12

Hollywood Bowl

kale, arugula, marinated chicken, quinoa, golden beets, dried cranberries, almonds & goat cheese with charo's balsamic vinaigrette 12 🖉

Eat Slow Bowl

baby red kale, farro, quinoa, tossed in vegan caesar dressing with cucumber, grilled corn, cherry tomatoes, garbanzos & grilled asparagus topped with bee pollen and aged balsamic 11 / /

Steak Salad

marinated bistro steak with baby red and green romaine, watermelon radish, cherry tomatoes, red onion, cucumber, blue cheese, & roasted farmer's carrots with garlic herb vinaigrette 19.5 coming september

West Coast Bowl

seasoned ground turkey, farro, brown rice, quinoa, arugula, kale, cabbage, ricotta salata, persian cucumber, tomatoes & raddish sprouts with joey's garlic herb

THIN CRUST "PIZZAS"

Wild Mushroom & Truffle

Build Your Own Entrée

marinated tofu 14

marinated bistro filet 19.5 grilled local market fish mkt. price

salmon filet mkt. price

Baked "Spaghetti"

& zorra herbs 11 🗡

*add turkey meatballs

w/ Tuscan Kale Salad

spaghetti squash, marinara, mozzarella

grilled marinated chicken breast 15

almond crusted chicken breast 17 /

one protein and choice of two gourmet sides

baby arugula, ricotta salata, goat cheese & white truffle oil 11.5 🗡

(served on a crisp whole wheat tortilla) sub aluten free flatbread 1.5

red peppers, yellow peppers, red onion,

served with steamed brown rice

*add grilled marinated chicken

carrots, broccolini, celery & agave cashews

Stir Fry

BBQ Chicken

& cilantro 11 \forall d

red onion, cilantro, fresh mozzarella, white cheddar & roasted pepperoncini blend 11.5

BEACH TACOS

Al Pastor

marinated pork shoulder, corn tortilla, pico de gallo, queso fresco, cilantro & avocado pesto 9

Sustainable Local Fish

blackened fish, avocado citrus, toasted coconut, cabbage slaw & corn tortilla 9

Shredded Chicken

shredded picante chicken, baby red and green kale, vegan nacho cheese ∅, greenleaf ranch ∅, toasted pepitas & corn tortillas 9

SANDWICHES & BURGERS

BBQ Chicken Panini

red onion, cilantro, white cheddar & roasted pepperoncini blend 10.5

Turkey Melt on Pretzel Bread

aged cheddar, spinach, caramelized onion with truffle oil & Greenleaf signature whole grain mustard aioli 11.5

Pesto Chicken Panini

avocado pesto, grilled tomatoes, arugula, white cheddar & basil pesto vinaigrette 10.5

Chipotle Chicken Panini

almond crusted chicken, aged cheddar, butter lettuce, sliced tomatoes, sweet & spicy pickled jalapeños with chipotle aioli 10.5 0

SIDE DISHES

seasonal fruit salad 5.5 V pomegranate quinoa 5.5 y baked sweet potato fries with avocado pesto 5.5 v farro risotto 5.5 🗡 green beans & shallots 4.5 V sautéed spinach with garlic & chili flakes 4.5 Y tuscan kale salad 4.5 / red kale slaw 4.5 ¥

roasted farmer's carrots 4.5 V september

Angus Burger

dry aged grass-fed angus, garlic aioli, white cheddar, butter lettuce, tomato, onion & zucchini pickle, brioche bun 12.5 🏉

Veggie Burger

made locally for Greenleaf by The Abbot's Butcher, 100% plant based patty, avocado pesto, tomato, baby arugula, vegan cheese & Greenleaf garlic aioli on brioche bun 12.5 / *sub gluten free/vegan bun 1.5

Turkey Burger

turkey seasoned with avocado and bacon, caramelized onions, homemade relish & grilled tomato with Greenleaf pomegranate aioli 12.5











vinaigrette 12



KID'S MENU

breakfast

2 Scrambled Eggs, 2 Slices of Bacon & an English Muffin 6.5

Carrot Cake Pancakes Combo

4 silver dollar pancakes & 2 slices of bacon 6.5

smoothies

Blueberry Banana

apple juice, greek yogurt, banana & blueberry puree 4

Strawberry Banana

apple juice, greek yogurt, strawberries & banana 4

Garden Greens

aids in digestion & building strong bones spinach, kale, romaine, cucumber, celery & lemon 8.25

Farm to Face

high in fiber & protein. boosts metabolism & immune system spinach, kale, apple, cucumber, celery & lemon 8.25

Piña-kale-ada

antioxidant & anti-inflammatory kale, grilled pineapple, lemon & apple 8.25

lunch & dinner

Kid's Combo

with fountain beverage 8.5

choose one entrée:

cheeseburger turkey burger grilled cheese 🗡 almond crusted chicken bites cheese pizza on flatbread 🥕

choose one side:

sweet potato fries, fruit salad, or green beans & shallots

COLD

PRESSED

JUICES

Nice Melons

reduces pain and

inflammation & detoxifving orange, cantaloupe, ginger & lemon 8.25

Liquid A.B.S.

generates healthy skin & energy production

apples, pears, celery, yams, oranges 8.25

> Freshly Squeezed Orange Juice 6

Activated Charcoal Lemonade 3.5

Berriful Açaí

.....

improves stamina & heart health acai berry puree, strawberries, blueberries, apple and cranberry juices, banana & pure naked protein 8.25

ABC's

nutrient dense & regulates blood pressure and cholesterol almond butter, banana, chocolate protein & chocolate almond milk 8.25 /

PROTEIN SHAKES

Skinny Spicy Lemonade

fuel burning, detoxifying, & soothing to digestive system

freshly squeezed lemons, I-carnitine & a hint of pure agave 6

Açaí Bowl

super food, rich in antioxidants & omega-3

açaí berry puree, apple juice, strawberry, flax seeds, granola & banana 7.5

B_™Fab

fires up metabolism & aids in joint health

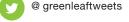
vanilla protein, banana, flax seeds, almond butter, apple juice, almond milk & fat free yogurt 8.25 🥜

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mike & son's local pasture-raised egg, turkey breast, truffled spinach, caramelized onions & cheddar with whole grain mustard hollandaise on pretzel bread single 9 | double 14

Eggs Benedict

Huevos Rancheros

mike & son's local pasture-raised egg, refried black beans, chipotle sauce, pico de gallo, avocado & crisp corn tortilla strips 11 🗡

Breakfast Burrito

egg whites, turkey sausage, black beans, pico de gallo, avocado pesto & roasted pepperoncini, whole wheat tortilla 7.5

Breakfast Sandwich

mike & son's local pasture-raised egg, bacon, avocado, arugula, goat cheese spread & basil pesto vinaigrette on a brioche bun 9

Smashed Avocado Toast

thick sliced whole wheat, avocado, cherry tomatoes, red jalapeño, shallots, local extra virgin olive oil & pink himalayan salt 6.5 🗡 *add local egg or candied bacon

Cheap n' Easy

egg whites, turkey bacon & aged cheddar on wheat English muffin 4.5 /

Carrot Cake Pancakes

carrot cake pancakes, fresh berries, vegan maple cinnamon sauce & maple syrup with mint 10 🖉

Bacon & Avocado Eggplant

eggplant, avocado pesto, yogurt sauce & candied bacon with basil chiffonade 9.5 *add local egg 2.5

Protein Scramble

turkey bacon, turkey sausage, egg whites, mushrooms, pico de gallo, broccolini & roasted pepperoncini blend 11

Seasonal Vegetable Scramble

broccolini, basil, roasted mushrooms, egg whites, red onion & bell pepper blend with balsamic reduction 11 🗡

Build Your Own Breakfast

choice of 2 eggs any style, 1 meat, wheat toast & choice of fruit 11 *add 3 silver dollar pancakes 3

Açaí Bowl

açaí berry puree, apple juice, strawberry, flax seeds, granola & banana 7.5 🎤 🏉

SIDES

two eggs, any style 4 choice of ciabatta, whole grain, english muffin or gluten free bun served with fruit compote 2.5

bacon, turkey bacon, chicken, or turkey sausage 4.5 seasonal fruit with mint & coconut 5.5 / breakfast potatoes 4.5

WE DELIVER

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